



GLUTEN-FREE MENU

STARTER SELECTION

CHILLED FAN OF OGEN MELON €6.50
served with Fruit Coulis

CHICKEN CAESAR SALAD €9.50
Steamed Chicken, Crisp Baby Gem, Smoked Bacon Lardons,
Shaved Parmesan & House-Made Caesar Dressing **3, 4, 7**
Chicken Caesar Salad Main **€18.50**

SEASONALLY INSPIRED SOUP OF THE DAY €7.00
Served with Gluten Free Bread **7, 9, 12**

MAIN COURSE SELECTION

NEAPOLITANO SPAGHETTI €18.00
Mixed Vegetables Sautéed in Olive Oil with Authentic Tomato
Sauce, finished with Freshly Shaved Parmesan **7**

WARM CHICKEN RUSTIC SALAD €17.95
Pan-Fried Chicken & Bacon with Garlic Potatoes,
Tossed Salad and Coriander Dressing **7, 12**

THAI VEGETABLE STIRFRY €18.00
Wok-Fried Mushrooms, Pungent Peppers and Spring Onions,
Finished with Lime, Pickled Ginger, Honey, Garlic & Soy
Served with Fragrant Basmati Rice **6**, Add Chicken **€4.00**

PRIME 21-DAY AGED STEAKS, GRILLED TO ORDER
10OZ SIRLOIN STEAK €34.00
Served with Sautéed Onions and Mushrooms,
a Choice of Chips or Mash, Pepper Sauce, Garlic Butter or Gravy **7, 12**

COCK & BULL €29.50
Succulent Chicken Fillet and 6oz Steak, finished with Pepper Sauce and a
Choice of Side

CATCH OF THE DAY €21.95
Fresh Fillet of Fish, Served with Béarnaise Sauce,
Chive Mash and Garden Vegetables **3, 4, 7, 12**

SELECTION OF DESSERTS - TEA COFFEE

SKINNY PREMIUM LAGE - NOW AVAILABLE

Vegan • Gluten Free • Kosher • Reduced Calorie • Full of Flavour

PLEASE ASK YOUR SERVER FOR DETAILS!

ALLERGENS: **1.**Cereals containing Gluten **2.**Crustaceans **3.**Eggs **4.**Fish **5.**Peanuts **6.**Soybeans
7.Milk **8.**Nuts **9.**Celery **10.**Mustard **11.**Sesame **12.**Sulphates **13.**Lupin **14.**Molluscs